



October 13, 2020

Dear 5th-8th grade Students and Parents,

We are excited to announce that we will be offering a shortened Cross Country Season this year, coached by Mrs. Uible. It will begin with tryouts on **Monday, October 19, 2020 at 3:15 - 4:00, meet in the gym.**

**IMPORTANT:** Any student wishing to tryout **must have** all of their **Athletic Forms completed.** You can find all forms on the school website (<https://www.allsaintsjupiter.org/>) under the Athletic Section, and the General Information & Forms tab. ALL paper forms must be printed, completed and handed in to the front office, **along with the 2 ONLINE athletic forms to be completed and submitted no later than Friday, October 16th.** You will not be able to try out on Monday without these being submitted on Friday. There will be a parent meeting for all team members on Tuesday, October 20, 2020 at 4:15 by the back gate next to the gym.

Cross country team will practice Tuesday, Wednesday, and Thursday from 3:15 to 4:15. Parents will pick up their athlete by the back gate to the gym at the end of practice. The season will be approximately 5 weeks with at least 3 races. There will be an athletic fee for the season which will include the cost of one All Saints Dri Fit running shirt which will be part of their competition uniform.

Students will need to bring their running clothes (PE Shorts and running shirt) to school and will change in the middle school bathrooms after the middle school dismissal is over. If the student has PE on a practice day, they will remain in their uniform. Students will only wear their face coverings in the changing area and out to the field. Students will not be running in face coverings outside. Students will need to bring their own water to practice, we will not have access to a water fountain.

If you have any questions, please contact Mr. King, Mrs. Jenny Uible. or Mr. Tony Barrett

We hope to see you out there!

Dan King

Dean of Students

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